

Dementia Day Care Service



Introduction

Bealach House is a Day Care Centre specifically for adults over 65 who have been diagnosed with mild to moderate dementia.

Our staff are committed to promoting and implementing the most current national guidelines in dementia care. A person centred approach is adopted when developing and maintaining your personal care plan. The Day Care Centre is open Monday to Friday from 9.00am to 5.00pm. We operate an open referral system (this means that anyone can request this service) for people who reside in Baillieston, Easterhouse, Shettleston, Springboig, Sandyhills, Tollcross, Carntyne, Riddrie, Mount Vernon and Carmyle.

Our Referral Procedure

Once a referral has been received, we will arrange a home visit to complete an assessment for suitability to Bealach House. Following this, you will be offered one day a week for a four week trial period, after which a review will be held and an allocation of days will then be given.

Our Transport

Transport is provided to and from the Day Centre by mini bus. The mini bus is equipped with a lift to accommodate clients with limited mobility and wheelchair users. There is an escort on the bus to assist and support you during transportation.

Our Daily Programme of Activities

We provide a range of activities that combine mental, physical and social stimulation.

These include:

- Re-introduction of social skills
- Reminiscence
- Reality Orientation
- Quizzes
- Music Therapy
- Word Games
- Specialist group therapy
- Various trips & outings



Our Catering & Hospitality

At Bealach House our in-house chef caters for your individual needs. All meals are nutritionally balanced and freshly prepared on a daily basis.

On arrival at the day centre you are provided with tea or coffee and a light snack. Throughout the day we offer a two-course lunch, afternoon tea and a selection of snacks, fresh fruit and drinks. The day centre also celebrates individual birthdays and special events including Christmas, Halloween, Burns, Easter etc.

Our Additional Services include:

- In-house Hairdresser
- Carers Support Group

We also have access to:

- Dentistry, Podiatry & Ophthalmology

We can also liaise with Social Work, Occupational Therapy, Physiotherapy, District Nurses, GP and the Community Mental Health Team in order to provide an appropriate package of care to meet your needs as reflected within your personal care plan.